

Egil Ferkingstad, et al. Nature Communications

Inflammation Gallbladder

STUDY SUMMARY

Discovery of 21 genomic regions associated with gallstone formation.

YOUR RESULT

STUDY DESCRIPTION



The gallbladder stores a fluid called bile. It releases bile into the intestines where it helps with digestion. Bile contains bile acids which are produced in the body from cholesteral. Gallstones are stones that can form in the gallbladder when there is too much and not enough bile acids. Gallstones can cause pain in the upper right abdomen and may require surgery. To identify genetic variants associated with gallstone formation, this genome-wide association study examined the genomes of over 750,000 individuals of European descent. The study identified 28 genomic regions associated with gallstone disease, 21 of which are novel. Some of these genetic variants have previously been linked to diabetes and fat metabolism.

According to the Guinness World Records, the most gallstones removed from a patient was ~24,000. In contrast, most patients who undergo surgery for gallstone disease have, on average, 2 to 20 gallstones.

To calculate your genetic predisposition to gallstones we summed up the effects of genetic variants that were linked to gallstones in the study that this report is based on. These variants can be found in the table below. The variants highlighted in green have positive effect sizes and increase your genetic predisposition to gallstones. The variants highlighted in blue have negative effects sizes and decrease your genetic predisposition to gallstones. Variants that are not highlighted are not found in your genome and do not affect your genetic predisposition to gallstones. By adding up the effect sizes of the highlighted variants we calculated your polygenic score for gallstones to be 1.09. To determine whether your score is high or low, we compared it to the scores of 5,000 other Nebula Genomics users. We found that your polygenic score for gallstones is in the 99th percentile. This means that it is higher than the polygenic scores 99% of people. We consider this to be a very high genetic predisposition to gallstones. However, please note that genetic predispositions do not account for important non-genetic factors like lifestyle. Furthermore, the genetics of most traits has not been fully understood yet and many associations between traits and genetic variants remain unknown. For additional explanations, click on the column titles in the table below and visit our Nebula Library tutorial.

variant [©]	YOUR GENOTYPE [©]	EFFECT SIZE®	VARIANT FREQUENCY [®]	SIGNIFICANCE [®]
rs11887534_C	G / C	0.66 (1)	5%	1.00 × 10 ⁻³⁵³
rs212100_T	C / C	-0.15 (-)	16%	2.00 x 10 ⁻³¹
rs12633863_G	G / G	0.10 (1)	45%	3.60 x 10 ⁻³⁰
rs4148808_C	T/T	-0.15 (-)	16%	8.60 x 10 ⁻²⁸
rs2291428_C 💠	G / G	0.11 (-)	22%	2.40 x 10 ⁻²⁷
rs2290846_A 🌼	G / A	0.11 (1)	28%	4.70 x 10 ⁻²⁷
rs1800961_T 💮	NA	0.25 (-)	5%	5.70 x 10 ⁻²⁶
rs6471717_G	G / A	0.10 (1)	31%	9.90 x 10 ⁻²⁶
rs601338_G 💮	A / A	-0.09 (-)	39%	9.40 x 10 ⁻²²
rs686030_C	C / A	-0.13 (↓)	13%	1.80 x 10 ⁻²⁰
rs756082276_CCT	NA	1.42 (-)	< 1%	1.20 × 10 ⁻¹⁷
rs28929474_T 💮	NA	0.29 (-)	1%	1.80 × 10 ⁻¹⁷
rs1260326_T	T/C	-0.08 (↓)	34%	2.00 x 10 ⁻¹⁶
rs34851490_G 💮	A / G	0.11 (1)	9%	4.20 x 10 ⁻¹⁵
rs1169288_C 🙀	A / C	-0.08 (↓)	31%	1.60 × 10 ⁻¹⁴
rs756935975_T	NA	1.13 (-)	< 1%	1.80 x 10 ⁻¹⁴
rs13280055_A 🌼	G / G	0.10 (-)	13%	6.90 x 10 ⁻¹⁴
rs56398830_A 🖐	NA	0.31 (-)	1%	2.10 x 10 ⁻¹²
rs174567_G	A / A	0.07 (-)	39%	2.30 x 10 ⁻¹²
rs708686_T 🌼	C/C	0.08 (-)	23%	2.30 x 10 ⁻¹²
rs11012737_A 👜	G / A	0.07 (↑)	27%	3.70 x 10 ⁻¹²
rs1935_C 💮	C/G	-0.06 (4)	48%	9.20 x 10 ⁻¹²
rs2469991_T 🌼	A / A	-0.07 (-)	32%	9.20 x 10 ⁻¹²
rs17240268_A 🌼	G/G	-0.11 (-)	12%	6.00 × 10 ⁻¹¹
rs2070959_G	A/G	0.07 (1)	32%	8.50 × 10 ⁻¹¹
rs12004_G 🌼	T/G	0.07 (1)	31%	1.20 × 10 ⁻¹⁰
rs55971546_T	NA	0.14 (-)	4%	1.80 × 10 ⁻¹⁰
rs11641445_T 🌼	C/T	0.06 (1)	34%	4.20 × 10 ⁻¹⁰
rs17138478_A 🌼	C/A	0.09 (1)	13%	5.10 × 10 ⁻¹⁰
rs45575636_T	NA	0.29 (-)	< 1%	7.90 x 10 ⁻⁹
rs2292553_G 💮	G / G	-0.05 (↓)	46%	1.10 × 10 ⁻⁸
rs12968116_T 👜	0/0	-0.08 (-)	16%	1.20 × 10 ⁻⁸

N/A indicates variants that could not be imputed using the 1000 genomes project datasets and variants that have a frequency of < 5%. Your genome was sequenced at 30x/100x coverage and is not imputed. However, to calculate percentiles, we need to compare your data with other sers imputed data. To make the data comparable, we need to exclude some of the variants from your data